

# What to do in case of EARTHQUAKE?

## PREPARE BEFORE:



Prepare a civil protection family plan



Organize and be part of evacuation drill



Identify security areas



Check gas and light installations



Store nonperishable food and extra supply of water

## PERFORM DURING:



Stay away from windows and objects that may fall down



Stay calm and move to a designated security zone



Turn off the gas and electricity supply



Stay away from poles, cables and balconies



Park away from tall buildings

## CHECK AFTER:



Check the condition of your house



Do not light matches or candles until you are sure that there are no gas leaks



Use the phone only for emergencies



Stay informed, do not spread rumors and respond to the recommendations of the authorities



Remember that aftershocks may occur so it is important to stay alert



**LEARN MORE:**  
Sistema Nacional de Protección Civil  
[www.gob.mx/proteccion-civil](http://www.gob.mx/proteccion-civil)

Centro Nacional de Prevención de Desastres  
[www.gob.mx/cenapred](http://www.gob.mx/cenapred)

Servicio Sismológico Nacional  
[www.ssn.unam.mx](http://www.ssn.unam.mx)

