

WELCOME TO THE

WESTERN CAPE!

Welcome! My name is _____ and I am happy to be your host.
Before you head out to explore our region, here are some helpful tips on how to be a responsible traveller and stay safe while you're discovering all the Cape has to offer.
Don't hesitate to ask me for more local tips.

BE SAFE

South Africa is generally safe and welcoming, but - as in many places across the world - you will need to take certain precautions to ensure your security and stay safe:

On the street

Avoid walking in deserted or dark areas

Keep all possessions close to your body and out of sight and don't flash valuables unnecessarily

Be mindful that the use of headphones may distract you from what's happening around you

Don't carry large sums of money

Out and about

At night, stay in a group if possible and on lit paths

Use only accredited taxis and cabs or ride hailing services

Avoid leaving handbags out of your sight and keep your cellphone or wallet where you can see it

In the car

Always lock your doors when inside the car

Park in well-lit areas at night

Keep your valuables out of sight

Safety at ATMs

Use ATMs in well-lit and busy places

Don't accept help from strangers or give out your PIN number

Be vigilant if you feel someone is standing too close to you

Never leave your card in the ATM. If it gets stuck or swallowed, follow the instructions provided on the ATM machine

BE KIND

Tipping

We tend to tip generously! Tipping in restaurants (at least 10%) is highly recommended

Preventing waste

Please help us preserve this great destination for all, don't leave rubbish anywhere apart from the bin at home

Saving water

We can experience water scarcity in South Africa, so we all save water and I would love to give you some ideas about how you can help, too

Protecting the wildlife

We have some of the most diverse and beautiful wildlife in the world, but it can also be fragile! Please look out for official signs and don't feed or touch the animals



Emergency numbers & contacts

The country code for South Africa is +27



10111

POLICE FLYING SQUAD



107

CITY OF CAPE TOWN GENERAL EMERGENCY

10177

AMBULANCE

021 948 9900

MOUNTAIN RESCUE

08600 10111

CRIME STOP

021 487 6552 / 0861 3222 23

CAPE TOWN TOURISM BAND-AID PROGRAMME

Helpful info



MY CONTACT DETAILS



WIFI NETWORK AND PASSWORD

SPECIFIC HOUSE RULES



Handy words & phrases

Molo, unjani: Hello, how are you (in isiXhosa)

Lekker: Great (Afrikaans slang)

Sharp sharp: Can be used as a greeting, a goodbye, or to express enthusiasm

Yebo: Yes (isiZulu)

Braai: Afrikaans for grilling over open fire

Biltong: South African snack made from dried and salted meat, similar to beef jerky

Slap chip: Potato fries (Afrikaans slang)

Spaza shop: Convenience store in townships

Robots: What South Africans call traffic lights

Local favourite spots



EXPERIENCES



FOOD AND DRINK

The recommendations do not constitute any kind of legal advice or warranty. Guests are responsible for conducting their own research in this regard and to be be mindful about their personal health and safety as well as respectful of local regulations and communities.



**CAPE TOWN
& WESTERN CAPE**
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